like lookin', you'r needin' a good shak-ing up with some sas'paril'," A jug of spring sarsaparilla was just

A jug of spring sarsaparilia was just as necessary in the "winter supplies" of fifty years ago as was a barrel of pork, and a famous medical authority says that the very general prevalence of the use of such a preparation as Log Cabin Sarsaparilla explains the rugged health of our ancestors.

While Warner's Log Cabin Sarsaparilla is an excellent remedy for all seasons

While Warner's Log Cabin Sarsapar.

While Warner's Log Cabin Sarsapar.

Is is an excellent remedy for all seasons sued by the officers of the law sense of the year, it is particularly valuable in the year, it is particularly valuable in the year, it is particularly valuable in the year.

This is the way be tells the story:

ble story of his experience in that his toric country.

He was snubbed, abused, almost starv-

sued by the officers of the law sent by the spring when the system is full of sluggish blood and requires a natural constitutional tonic and invigorator to resist colds and pneumonia, and the effects of a long winter. Philo M. Parsons, clerk of the City Hotel of H. rtford, Conn., was prostrated with a cold which he says, "seemed to settle thromy body. I neglected it and the result is a long worker of the control of th

which he says, "seemed to settle thromy body. I neglected it and the result was my blood became impoverished and poisoned, indicated by inflamed eyes, I was treated but my eyes grew worse. I was obliged to wear a shade over them. I feared that I would be obliged to give up work."

"Under the operation of Warner's Log Cabin Sarsaparilla and Liver Pills," he says, "the sore and inflamed eyes disappeared. My blood, I know, is in a halthier condition than it has been for years. I have a much better appetite. I shall take several more bottles for safety's sake. Warner's Log Cabin Sarsaparilla is a great blood purifier and I most heartilly recommend it."

A few bottles of Warner's Log Cabin Sarsaparilla used in the family now will says, which of works and some are scientific. I sarsaparilla used in the family now will see the family now will see the family now will see the character of the condition of the condition of the condition than it has been for years. I have a much better appetite. I shall take several more bottles for safety's sake. Warner's Log Cabin Sarsaparilla used in the family now will say the family now will see that I would be conditioned by the condition than it has been for years. I have a much better appetite. I shall take several more bottles for safety's sake. Warner's Log Cabin Sarsaparilla used in the family now will see that I would be colling to the family now will see the shoe shop of N. L. Millard, the other lasters in Mr. Millard's shop treat me as well as they do anybody, and one. I voted the kitchen?

I took out my naturalization papers last year, and have voted ones. I voted the works for the woman across the street. What you need is a medicine that is pure, efficient, reliable. Such is Hood's last year, and have toted ones. I voted the works for the woman across the street. What you need is a medicine that is pure, efficient, reliable. Such is Hood's last year, and have toted ones. I voted the house—Jane, Works for the works for

tions and careful nursing—the only reliances known to our ancestors.

These methods and reliances are illustrated to day in a series of old fashioned root and herbs preparations recently given to the world by the well known proprietors of Warner's safe cure—preparations made from formulæ possessed by many of our oldest families, and rescued for popular use, and issued under the heading of "Chinese Missions and Myths," we copy below.—Eo.]

Cabin Remedies.

"My son," exclaimed a venerable woman to the writer when he was a boy, "my son, you'r yeller and pale and weak like lookin', you'r needin' a good shak in gu p with some sas' paril',"

In the FURE AND SIMPLE HEATHEN."

Lue Gim Gong's Peril—His Visit to His Native Village in China Quesseless and day, and at night I would manage to meet my sister somewhere, who brought as presently a short, thick set man dent to meet my sister somewhere, who brought is a great crime. It makes no differ ence how old a child is, if he disobeys his parents he can be imprisoned for life or put to death if such is the command. At the end of the time when the boat was going to leave for down the river, I went to my friend, who had been in this five minutes or more. Then he said:

"My son," exclaimed a venerable wo man to the writer when he was a boy, "my son,you'r yeller and pale and weak like lookin', you'r needin' a good shak in get like lookin', you'r needin' a good shak in the five factors.

"My son," exclaimed a venerable wo man to the writer when he was a boy, "my son,you'r yeller and pale and weak like lookin', you'r needin' a good shak in get like a most interesting and remarkating the five factors of the stond through the when the start leads, and at night I would manage to meet my sister somewhere, who brought the second through the when the meet my sister somewhere, who brought the second of the tile remained concealed through the when the grain at night I would manage to meet my sister somewhere, who brought the second through the second through the second the remained conc getting it away. He took it about five miles on a wheelbarrow to the wharf. I went down the river again to Hong

Kong, where I stayed about three months. I knew they could not come and take me from there. Soon after I sailed for San Francisco. The journey to China and back cost me nearly \$1200 Lue Gim Gong is a fine looking speci-men of the Mongolian race. The story which he told is believed by those who have heard it, for he has been known in North Adams for fifteen years, and he has gained for himself the reputation of esty.—[Earl G. Baldwin in Boston Globe.

WISE AND OTHERWISE. Who is your physician? I have none. I never have time to be

The greatest doctors in Europe don't seem to know what ails "Unser Fritz."

Thus are the Garfield and Grant episodes repeated, and public confidence in "expert" medical knowledge is again shaker.

The effect is a revulsion.

Since the fatal days of 1883, many of the doctrines of the schoolmen concerning extensive medication have been abandoned, and all schools of practice are more and more relying upon old fashioned simple root and herb preparations and careful nursing—the only reliances known to our ancestors.

But the bill is far from dead. Not all of the old members who were on this countries of the schoolmen one to the fath Congress, and to the same post in the 50th are enemies of this bill, and some new and determined men have been added to their number, who will vigorously oppose the old smoothering wisdomes.

Since the fatal days of 1883, many of the doctrines of the schoolmen concerning extensive medication have been abandoned, and all schools of practice are more and more relying upon old fashioned simple root and herb preparations and careful nursing—the only reliances known to our ancestors.

But the bill is far from dead. Not all of the old members who were on this countries of the stant countries of the start and then started for this countries to the found then started for this countries of the start action to the same post in to my surprise my mother again tried to have me go and worship my father in the panorama of the battle of Gettys brother had then started for this countries of the sch other at Hound Top.

A tail man stood on the circular dias in the panorama of the battle of Gettys brother had then started for this countries of the sch other at Hound Top.

A tail man stood on the circular dias in the panorama of the battle of Gettys brother had then started for this countries to the sum to sum provide and worship my father in to my surprise my mother again tried to have me go and worship my father in touch then started for this countries of the start of the panorama of the battle of Gettys

Purty fair picture remarked the short

Ever seen it afore? teckon mebbe you fit in the late war You bet. Confed?

You bet not. You be a first the first term of the first term

You bet!

What?
There is aid the tall man, pointing to ward the spot which had seemed to rivet his attention for so long a time.

When?
The tall man showed signs of snimation. Say, stranger, he began, it 'pears' tion. Say, stranger, he began, it 'pears' was talkin' too?

Oh, said the Captain smiling, that is was talkin' too?

Oh, said the Captain smiling, that is less than the sam thirty-five years. All the old timers know him.

Wug he in the war?

Never, said the captain—during the The short man laughed good natured-t. Wall, he answered, nothin'. Only I

was there too.

Thar! exclaimed the snort man point

Want of Sleep

usane asylum; and the doctors say this comble is alarmingly on the increase The usual remedies, while they may give temporary relief, are likely to de ore harm than good. What is needed is an Alterative and Blood-purifier. Ayer's Sarsaparilla is incomparably the best. It corrects those disturbances in the circulation which cause sleeplessness, gives increased vitality, and restores the nervous system to a healthful

Rev. T. G. A. Coté, agent of the Mass. Iome Missionary Society, writes that his stomach was out of order, his sleep very often disturbed, and some im purity of the blood manifest; but that a perfect cure was obtained by the use of Ayer's Sarsaparilla. Frederick W. Pratt, 424 Washington

street, Boston, writes: "My daughter was prostrated with nervous debility. Ayer's Sarsaparilla restored her to William F. Bowker, Erie, Pa., was cured of nervousness and sleeples by taking Ayer's Sarsaparilla for about

weight increased over twenty pounds. Ayer's Sarsaparilla, PREPARED BY

two months, during which time his

Never, said the captain—during the war he rain a grocery store on Farnum street. Are you a comrade? Not perzactly, replied the short man. I was in the South afore the war, but I went to Australiar durin' it. Right good

picture that. Tharl exclaimed the short man.pointing to the exact place before designated by the tail man.

The tail man looked closely at his of railroads in this section of the country has led many persons to ask the location in the picture. That there's Round Top, said he, at once asserting his own information and inquiring into the validity of the other's. THE "OLD STAGE COACH" OF 1800

The control of the co

Send for our new Hintrated folic, which gives an insight to e sphendid paying business. Address BANNER OFFICE A CALL for more money right away, than anything else an insight to e sphendid paying business. Address Tarz J. S. LOVEWELL, Manager, So. Oncliner, Mans BANNER OFFICE A CALL for the world, Grand outfit free. Address Tarz Co., Augusta, Maine.

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FITCHBURG R. R. On and after Nov. 14th, 1887, trains will run as RAILWAY.
Leave Beanington 7 is a m, arrive Troy 9 20, a n, New York 2 12 p m, Hossick Yalls 9 07, North Adams 9 30, Greenwhild 11 12 a m, Friethurg 1 38, beaston 2 10p m, Mechanicville 9 0, Sagastoga, 10 00,

Leave Bennington 12 10 p m. arrive Troy 2 15, lew York 7 69, Hoosick Falls 2 26, North Adams 29, Greenfield 27, Etchburg S 15, Bosson 9 45 p 1, Mechanicritie 2 42, Saratoga 3 39. Leave Bennington 5 25 p m. arrive Tray 6 50, p m. New York (via steamer) 5 00 a m. Hoosick Palls 6 1, No. Adams 7 00 p m. Beston 6 00 a m. Mechanicville 6 50, p m. Leave Bennington 12 10 night, arrive Troy 1 45 Sew York T 30 a m. Leave West Via. N. V., R. & M. Ball. Way. Leave Bennington 8 50,2 m. arrive No. Adams 50, Greenfield I 12 a. m., Fitchburg I 55. Biston

TRAINS ARRIVE AT BENNINGTON. HAAISS ARBINE AT BERNSHOUS.

1 20 a m, from New York, Albany and Troy.
9 33 a m, from New York, Albany and Troy.
9 33 am, from New York, Via. steamer), Albany, Troy. Hoosick Falls, No. Adams, Saratogs and Mechanicville.
2 00 p m, from New York, Albany, Troy, Hoosick Falls, No. Adams, Boston and Mechanicville.
6 15 p m, from New York, Albany, Troy, Hoosick Falls North Adams, Boston Mechanicville, and Saratogs.

8.00 a. m. from No. Adams . 2 15p m, from Boston, Greenfield, No. Adams . 6 80 p. n. from No. Adams . J. WHITMORE . Gen'l Irshie Mig'r, Boston . Gen'l Pass . Ag't C. A. NIMMO . Gen'l Western Passenger Agent, Troy

A MAN

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AND BUCK WHEAT FLOUR.

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progress is a method and system be performed all over the countr ating the workers from their bos any one can do the work, either old; no special ability required, 'edity you are sharred free. Cut the to its and we will send; you free great values and importance to yo you in hustness, which will brin

The First Symptoms

headacke, etc. In a few days you may be well, or, on the other hand, you may be down with Pneumonia or "galloping Consumption." Run no risks, but begin immediately to take Ayer's Cherry Pectoral.

Several years ago, James Birchard, of Darien, Conn., was severely ill. The doctors said he was in Consumption and that they could do nothing for him but advised him, as a last resort, to try Ayer's Cherry Pectoral. After taking this medicine, two or three months, be was pronounced a well man. His health remains good to the present day.

J. S. Bradley, Malden, Mass., writes : Three winters ago I took a severe cold which rapidly developed into Bronchitis and Consumption. I was so weak that I could not sit up, was much emaciated, and coughed incessantly. I consulted several doctors, but they were powerless, and all agreed that I was in Consumption. At last, a friend brought me a bottle of Ayer's Cherry Pectoral From the first dose, I found relief. Two bottles cured me, and my health

Ayer's Cherry Pectoral,

Dr. J. C. Ayer & Co., Lowell, Mass. Bold by all Druggists. Price \$1; six bottles, \$5.

German Remedy. TRUTHS FOR THE SICK.



4 DECADES TAVE COME AND GONE SINCE BALSAM TIBES N



Shiloh's Consumption Cure. This is beyond question the most suc-cessful Cough Medicine, we have ever sold, a few doses invariable cures the worst cases of Cough, Croup and Bron-

COLTONS Bennington. MAPLE MOLASSES!

suppose. What woman's picture is over that case, you sake Why, that's Nan, She was sing 11. On, no, Sing 11 wasn't her nickmame. Twas her number, See', here is a sing 11. Printers use their sing numbers to mark their matter; else how could they make up their strings? A string? Oh, we paste all our dupes together, and that makes a string dupes together, and that makes a string dupes together, and that makes a string the strings of the string of th dupes together, and that makes a string that shows what we've done. Here's my string for the day-regular rope, ain't Want to know about Nan, eh? Well.

Never been in a printing office before, I suppose. What woman's picture is

Want to know about Nan. eh? Well, she was the only female type setter we had, and she was a hummer. She could talk longer and on some occasions louder, and truth compells me to say broader than—well than some girls. Pretty? Not exactly, just so so. Slender, lively, hair the color of canned salmon, teeth pretty well justified, and eyes that were unu-unity blue, but liable to turn green if she got mad. Boys used to say that if Nan was going to Pariadise she'd be late getting there; but I never saw anything bad about her except once in a while, her tongue, Mister, don't get it in into your head that because a girl sets type or works in a factory among a lot of men she can't be good. men she can't be good.

To resume my yarn. One day there came a handsome young fellow that we dubbed Mr. Kokuk, because be came

from the town of Kokuk. Nan took quite a fancy to him. He and the Rat were about the only persons in the office that Nan did notice. We called him the Rat because he went back on us once when we struck We took him back out of pity but no one local time. of pity, but no one leved him. Lank, ca daverous, pock marked, thin lipped fel-low, with eyes like two holes burned in a blanket. Well, Nan and Mr. Kokuk went to two or three dances and a zircus or two
-we use to get plenty of comps to such —we use to get plenty of comps to such things then—and first we knew they were engaged. The very next week we went on a strike again, all except Nan and the Rat. He said his wife was dying, and he had to earn what he sould. It wasn't much, because he was regular blacksmith. We call a poor printer a blacksmith. Nan's eyes turned green as she said she wouldn't go because she didn't want to, 'so there!' And about a week after the strike began Mr. Kokuk and I were in a saloon opposite the

and I were in a saloon opposite the block where the Rat's folks roomed, and we saw Nan come in at the family en-trance and buy a flask of whiskey. We were in there celebrating the end of the strike. All went back next day and late in the eyening, when only Mr. Kokuk, Nan and I were left in the office, I heard Nan and I were left in the office, I beard him go over and tell Nan he must break off the engagement because she had gone back on the strikers, but more particularly for the reason that he would never marry a woman that bought whiskey by the flask at a saloon. Mr. Kokuk was a kind of goody-fellow, you see. Nan wheeled about on her stool, her eyes snapped till the lashes fairly cracked, and she said: You are a little plaster of paris god, ain't you? Be careful you don't tip ever, or you'll break in two. You ought to go as a missions y to the cannibals. You wouldn't be good est-You ought to go as a missiona y to the cannibals. You wouldn't be good esting, but they ain't very particular Mr. Kokuk put on his coat and went away, but after he had gone I went to lift a handful of type out of the form that stood near Nan's case and I saw that her eyes were sweating. Tears as big as rain drops fell down over her case. She kept on throwing in type. She tossed as into the 'e' box, and commas over among the periods, and caps down among the lower case letters in a reckless manner.

ower case letters in a reckless manner. Every stickful of type she set up the next day was so lousy the foreman breatened to discharge her. What do I nean by lousy? Why, full of newtakes, o be sure. I knew the reason and cor-ected some of her galleys to help her out. At the next meeting of our union some one said that it had been proposed to raise a fund to bury the Raratwo children that had just died that day of scarlet fever, both on the same day, mind you. He had buried his wife the work before. He ought to be able to bury his own dead, he's been working

right along, said some one, and nearly all growled assent. Who started the movement to raise the fund? asked L the fund asked I.

Nan, nuswered the fellow who had
proposed the matter. She headed the
list, Ste's about the only friend the
family had. Sat up nights to help take
care of Rai's wire, who was a mighty
sweet little woman. Bought who key for her when that was all that would

linve reen the expression f Mr. Kokuk's face when he heard this explanation as to why Nan went to the saloon to get a bottle of whiskey. And when Rat's wife died, continued the speaker, and his two children fell sick, she cared for them. Worked all day and sat up nearly all night with them. I

and sat up nearly all night with them. It tell you, boys printing offices have their devils, but now and then singels drop down into them, and—

Before he could say any more Mr.Kokuk sprang up and moved that each member be assessed \$2 to defray the funeral expenses of Bat's children, and that as many of the boys as could hire subs should attend the funeral. Did we carry the motion? Well, rather.

Nan was the only woman mourner, and she looked handsome in a cheap and she looked hardsome in a cheap dress of black she had got for the occa-sion. Next day she was back at her case and at evening while she was distribut-ing type, Mr. Kokuk crept up to her case looking like a whipped spaniel, and

said: Nan do you know what I think No; and what's more, I don't care! snapped Nan. Well, I think you are a saint upon

or through

Ska R'y

Then how Mr. Kokuk did plead for forgiveness! Nan said not a word for a long time, but finally she turned about with a half sneer on her face and said. Ill jeff to see who pays for the tickets to the theatre to night. To jeff is to play a game with type. Mr. Kokuk got stuck for the tickets and I tell you he was tickled. They went but they only saw part of the play. As they were walking along to the theater, they passed a par sonage. Isn't that the man that preach eld the funeral seemon for the Rat's chilking.

Then how Mr. Kokuk did plead for forgiveness! Nan said not a word for a long time, but finally she turned about with a half sneer on her face and said. Ill jeff to see who pays for the tickets to the theatre to night. To jeff is to play a game with type. Mr. Kokuk got stuck for the tickets and I tell you he was tickled. They went they only saw part of the play. As they were walking along to the theater, they passed a par sonage. Isn't that the man that preach eld the funeral seemon for the Rat's chilking.

In they went, and Nan, who is usually surprised at nothing, was went. The man that preach eld the funeral seemon for the Rat's chilking.

In they went, and Nan, who is usually surprised at nothing, was marry them marry them.

HAY-FEVER TRY the CIRE. and Mr. Kokuk took Nan in his arms and Mr. Kokuk took Nan in his arms kissed her, what did she do but drop nostril, no pain; agreeable to use. Trues 50c, at

said it was because she was worn out watching with the Rat's folks, but I recken those tears were tinctured with the compound essence of joy.
Say, do you see that kind of countrified looking fellow with a slouch hat ed fooking fellow with a slouch hat standing over there by one of the forms talking to the foreman? That's Mr. Kokuk. He's now editor and proprietor of the Kokuk Banner. Gets all the county printing and is making a barrel of money. He's here on a visit and telling the boys about Nan. Gave me her picture as she now looks. Gentle, refined looking lady, nin's she! She's boss of the Sunday school in Kokuk, has two scholars from ner own tamily to send to it, and when any of the printers go on a tramp she bustles into the Banner office and to sees metal with the best of them, If there's a sick family in Kokuk or the contiguous territory that needs help, you

otiguous territory that needs help, you bet Nan will be there.

Say, mister, I'm not well posted on religion, but when 'time' is called, and the saints take their places in the line in heaven I'il bet Nan will be first on the

worst cases of Cough, Croup and Bron-chitis, while its wonderful success in the cure of Corsumption is without a paral-lel in the history of medicine. Since its first discovery it has been sold on a guarantee, a test which no other medi-cine can stand. If you have a cough we earnestly ask you to try it. Price 10 cents, 50 cents and \$i. If your lungs are sore, chest or back lame, use Shiloh's Porus Pluster. Sold by J. T. Shurtleff, Bennington.

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